

Workbook
Flowers & Patterns

Brave Art Academy

Welcome to the class!

In this workbook you will find all the extra information about this online class, such as the materials you need, various worksheets and the dice that you can cut and paste yourself for the two games that you receive with this class. I wish you lots of fun and inspiration!



Flowers & Patterns

With *Luz*

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Supplies List

Choosing your flower

First of all, you need a flower as a starting point for this class. Preferably a real flower. If you cannot pick or buy these, use your own photos in which you see the flower from various angles.

Substrate

You could work on paper, a wooden panel or canvas. I prefer mixed media paper, for example from Canson. You could also work in an art journal. I'm using Ranger's, Dina Wakley.

For the backgrounds of the patterns, use thin paper, for example tissue paper, tea bags, or packaging paper, for example from a shoe box. I often use paper that is slightly transparent. I love using silk paper.

I use paints from Winsor & Newton, Galeria and Amsterdam. The colors I use are: Mixing White, Buff Titanium, Green Gold, Hookers Green, Paynes Grey, Burnt Umber, Burgundy, Permanent Magenta from W&N and Raw Sienna, Carmine and Neutral Grey from Amsterdam.

I use a roller to set up the background. The ink roller from Esdee is recommended, if you have a smaller budget, you can buy a wallpaper roller or seam roller at the hardware store, for example from the SAM brand. You can also use a wide brush (spalter).

I also use a palette and I make sure I have a water bowl and a piece of kitchen roll if I want to clean the roller or brush in between.

The games

In order to play the two games in this course, you need two dice. You can print the dice in this workbook or use regular dice. I use an hour-glass for the time, you can also use a stopwatch or your cell phone timer.

You can choose the six different materials that you use for the materials game. I use pastels, gouache, copic markers, Karisma crayons, charcoal and acrylic paint.

I have chosen to work on various types of paper, such as kraft paper, thick green paper, mixed media paper, sketch paper and sheet music from an old music book. The choice of paper depends on what material you are working with. So make sure you have everything ready before you start the game so you can stay in the flow! For the flower game you could simply use a pencil, graphite pencil or charcoal.

Supplies list

Designing patterns

For the patterns I use Posca acrylic markers or Edding acrylic markers. I also use various Copic and Twin markers. In the video about this lesson I also mention the differences between the two. In this class I also use materials that I used in the materials game that I rediscovered and that were fun to work with, such as the colour pencils.

Adding the flowers and patterns

To stick the patterns on I use gel medium from Talens Amsterdam, matt. To paint the flower I use the materials that I liked in the game. I use Rafael fine brushes.

Finally...

I use a placemat or cutting mat when I play the game. If you are working with paint, you can cover your table to prevent stains. Wear an apron if you want to keep your clothes clean. In between I use a hair dryer to dry the work. I also really recommend working with daylight lamps.

Selecting your flower

In this course you choose a main theme: your favourite flower or one of your favourite flowers. This will be the eye-catcher of your work. Give yourself enough time to choose something. If you can't choose, you can always make a series!



Garden & balcony
Hollyhocks in our garden!
I painted these in my art journal.



In the roadside
In the months May and June you can find wonderful flowers in the roadside.



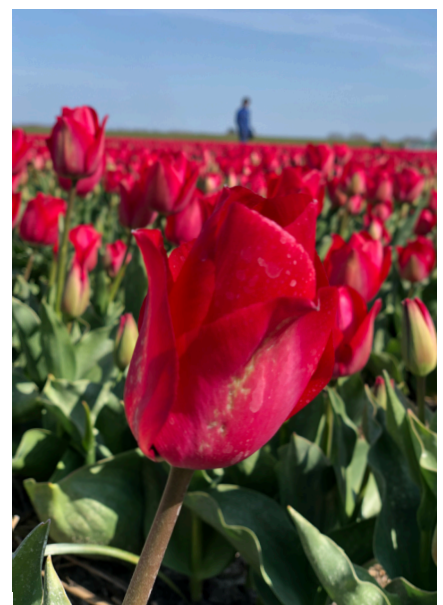
Hortus
Visit a Hortus to see exotic plants & flowers. This was in the butterfly garden Vlinderado in Zijdewind.



A walk
Go for a walk and you will always find flowers, even in the winter. This was in the dune area.



Treat yourself
Have a beautiful bouquet put together by the florist in a flower or plant shop.



Flower fields
Make a day (or a vacation!) of it and visit places where tulips bloom.

Inspiration for pattern making

A walk through your garden

Patterns can be found everywhere in nature. I collected these treasures from our garden. It's fun to use patterns related to the flower you end up choosing. If you choose an allium, you can use the bulb, for example. in a poppy, the leaves and the seed pod are interesting.



Books and magazines

You can find a lot of patterns in books and magazines. From this Japanese book I adopted a lot of patterns that appear in the dresses of the Japanese ladies. The Japanese artists are known for the use of botanical elements.

Clothes and textile

Take a look in your wardrobe or look at bed and kitchen textiles and you will discover endless patterns. I created this page in my travel journal about my clothes that I brought with me when we traveled around for three months.



Home accessories and decorations

Go to the hardware store or wallpaper store and browse through wallpaper books or look at the rolls of wallpaper and you will find lots of inspiration for botanical patterns.

The colour palette

Choose your flower

When choosing a background it is important that you know which flower will be your main theme. I choose a peony, for that I use the colours Burgundy, Permanent Magenta and Carmine Red.

Create contrast

There are two ways to add contrast to your work. You choose a complementary colour, in other words a colour that is opposite your chosen flower colour. In my case this is pink and purple. On the colour wheel, green and yellow are the opposite. So my background would be greenish yellow. You can also look at the contrast between dark and light. A peony is quite dark, so the background can be light, so that it stands out. With a light flower, such as a lily, you can make the background much darker.

Take an example image for inspiration

Sometimes there is a colour that really appeals to you at that moment, for me it is the image on the right that I find inspiring to use for my background.

Try out your colours on paper or a mini sketchbook

To explore the chosen colours you can make some samples in a sketchbook or on a strip of cardboard. Try mixing different colours and playing with what works best for you. You can see that I don't clean my brush in between so that there are always some colours that I have used before. This can be interesting for determining your final colour for the background.

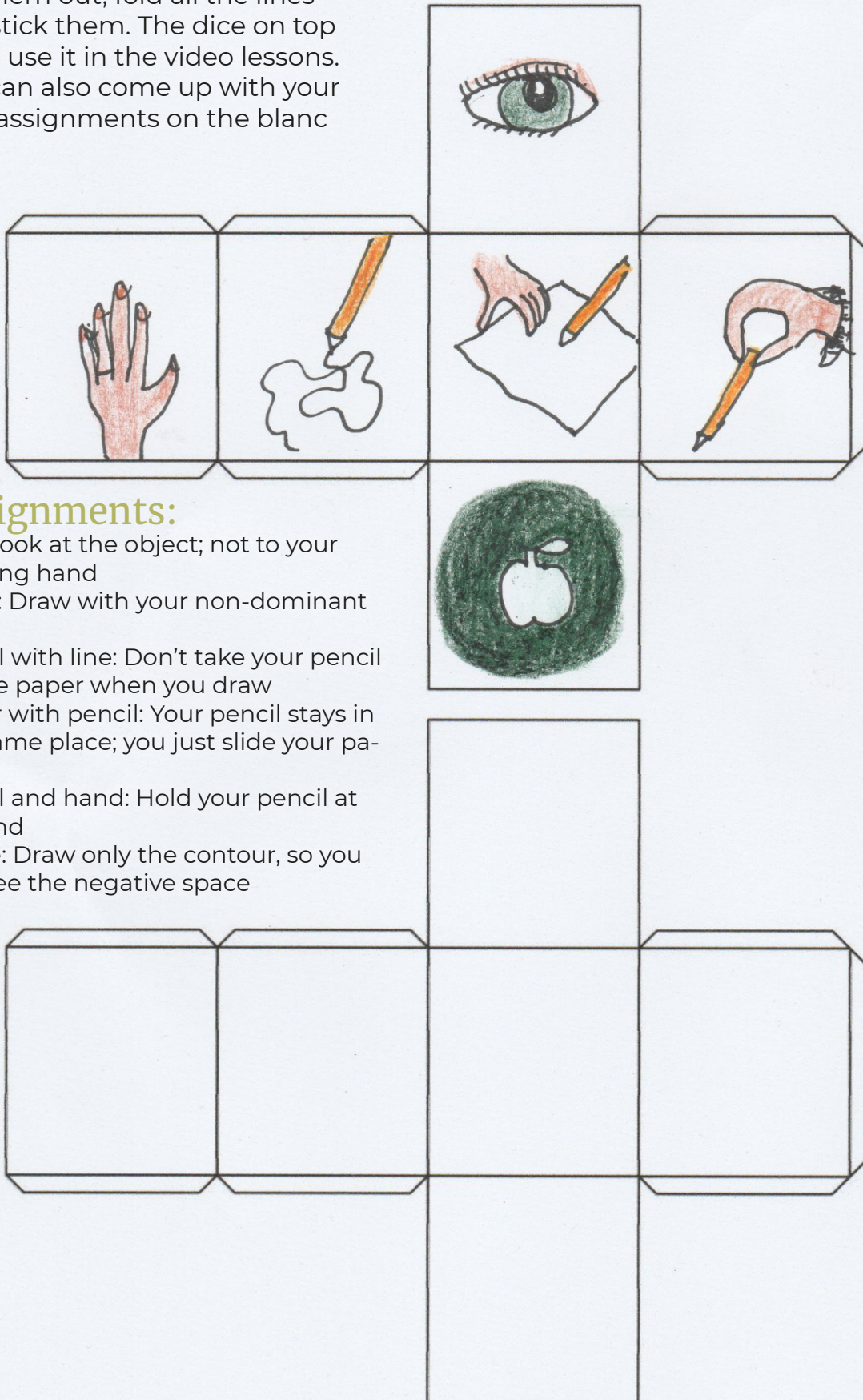
Using the roller or brayer

You can use the roller in various ways. In the video I show you how to first apply some paint to the roller with a brush. Divide the chosen colours and roll! If the background becomes too busy, you can roll over it more often to get a more even effect. You can also make it lighter or darker as desired. At the end I remove visible roller marks with a brush or with my finger. You can of course create multiple backgrounds if you'd like to go for a series of floral works.



Dice for the 'Flower Game'

Print the dice on sturdy paper, cut them out, fold all the lines and stick them. The dice on top is as I use it in the video lessons. You can also come up with your own assignments on the blank dice.



Assignments:

Eye: Look at the object; not to your drawing hand

Hand: Draw with your non-dominant hand

Pencil with line: Don't take your pencil off the paper when you draw

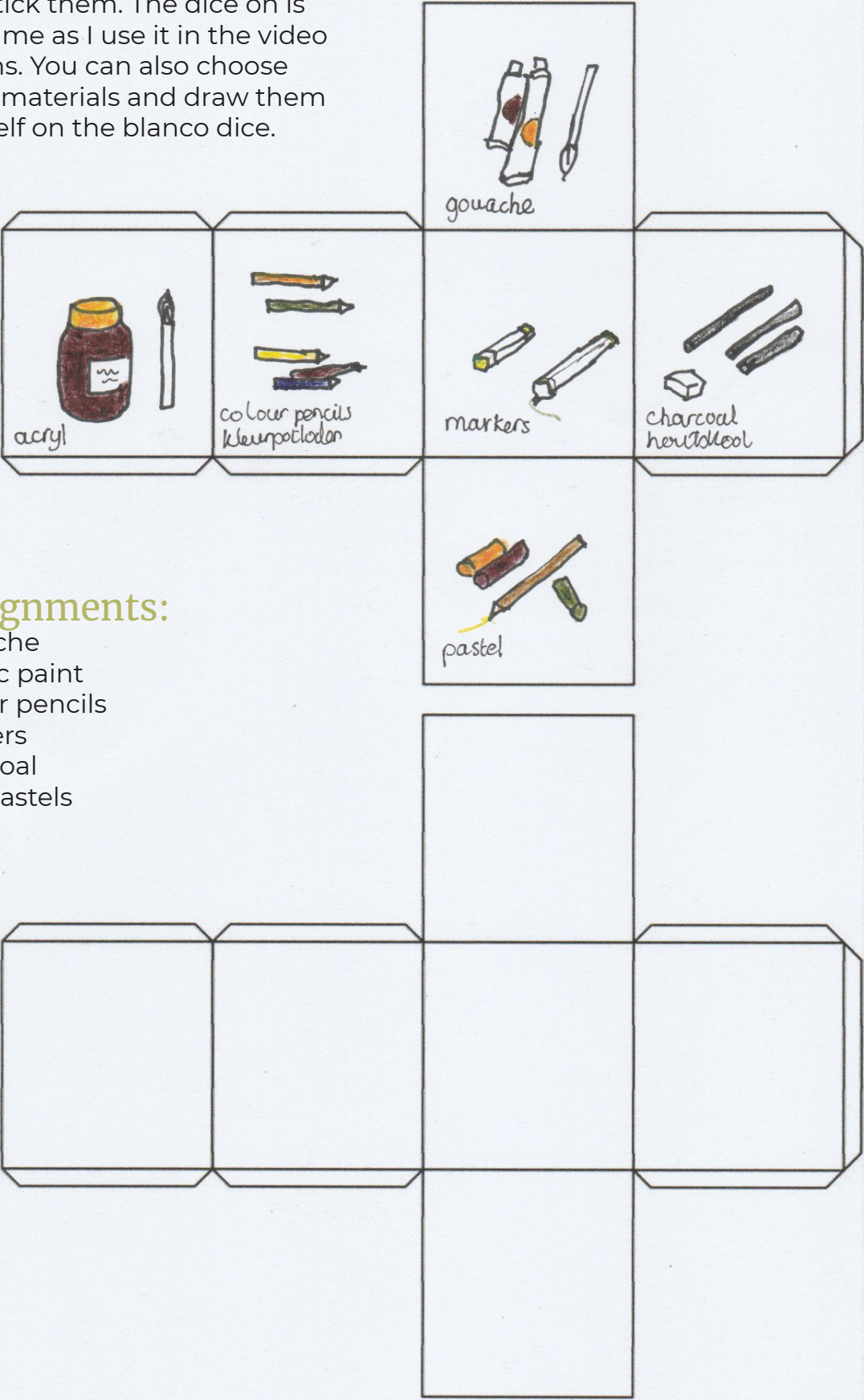
Paper with pencil: Your pencil stays in the same place; you just slide your paper

Pencil and hand: Hold your pencil at the end

Apple: Draw only the contour, so you can see the negative space

Dice for the 'Material Game'

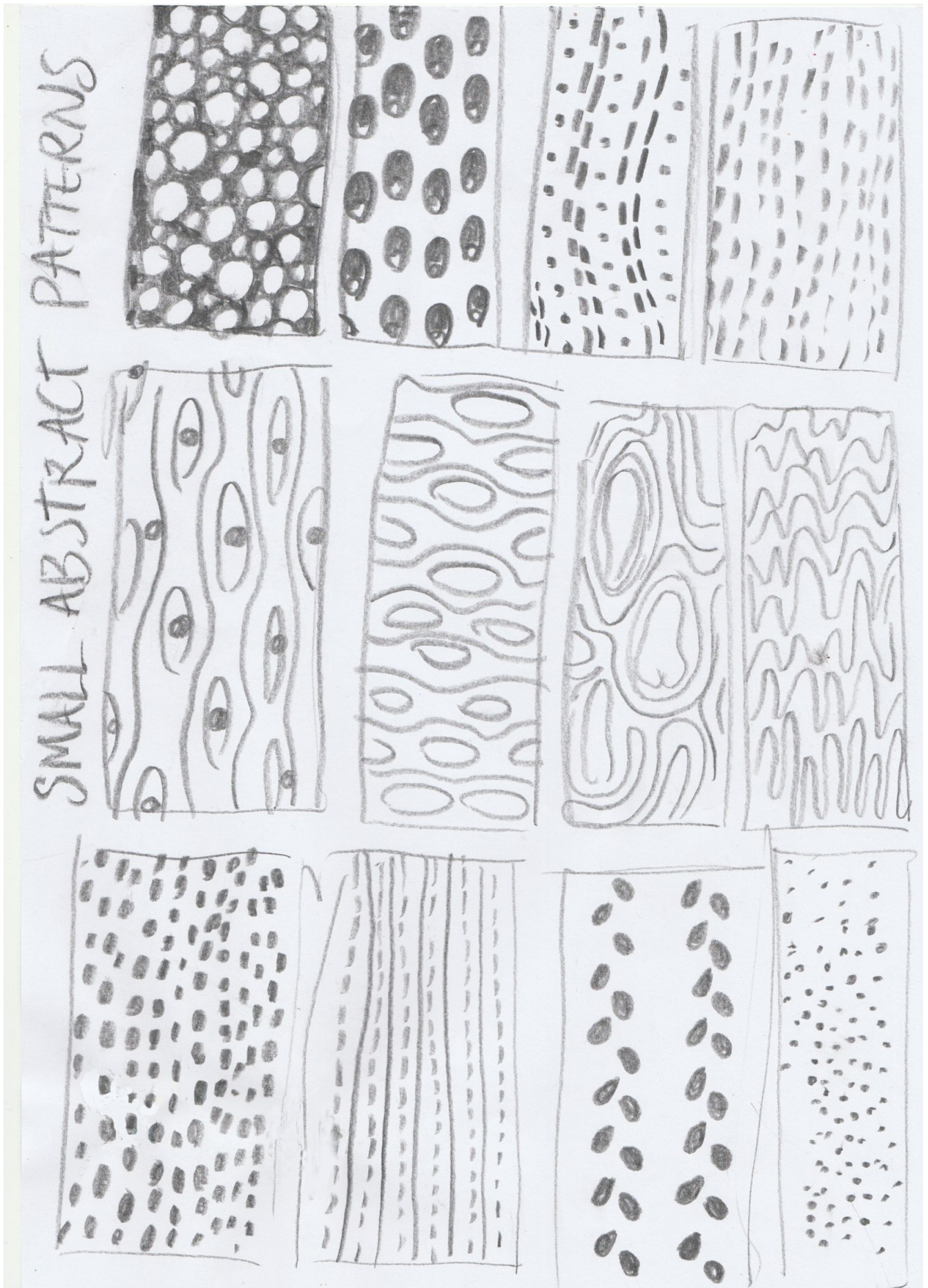
Print the dice on sturdy paper, cut them out, fold all the lines and stick them. The dice on is the same as I use it in the video lessons. You can also choose other materials and draw them yourself on the blanco dice.



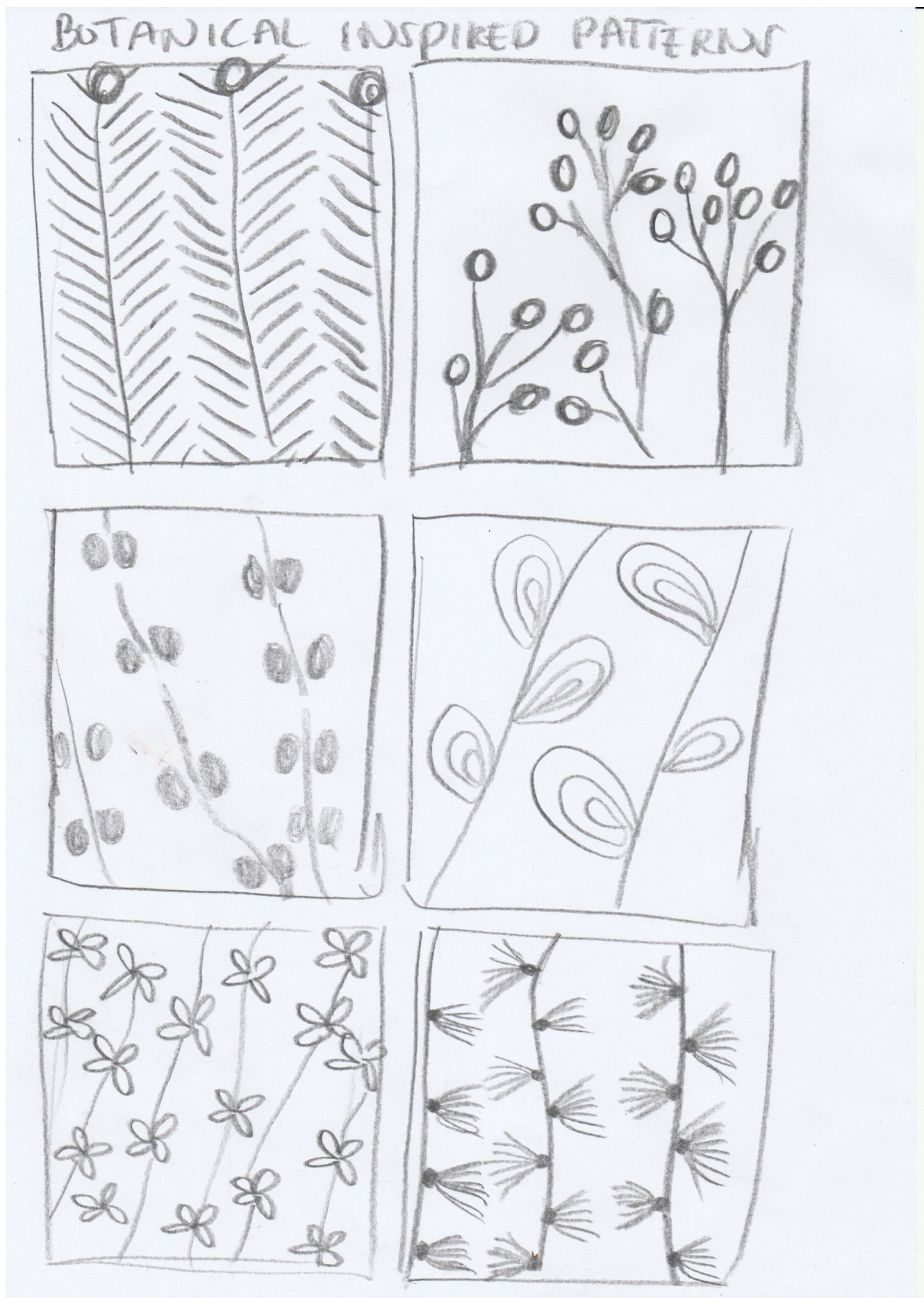
Assignments:

- Gouache
- Acrylic paint
- Colour pencils
- Markers
- Charcoal
- Soft Pastels

Examples of mini patterns



Examples of medium patterns



Examples of Hero patterns



Designing your patterns

